

Heel Softener

Use this mixture regularly, along with a pumice stone, to transform rough, dry heels.

1 tablespoon cocoa butter

1 tablespoon marshmallow root powder

1 teaspoon beeswax

1 teaspoon avocado oil

Place all ingredients together in a non-metal pot. Warm until all ingredients are melted together. Whisk. Remove from heat and store in a jar, covered.

